

Get Involved

You can learn more about emergency preparedness by becoming a VOLUNTEER. The Fulton County Office of Emergency Preparedness has medical and non-medical volunteer opportunities available.

Medical Reserve Corps (MRC)

MRC Volunteers are medical professionals who provide their expertise in times of need.

Citizens Emergency Response Team (CERT)

CERT Volunteers work to make sure that their families, homes and communities are prepared in the event of an emergency – natural or man-made. Training is given to all volunteers to build and solidify their skills for emergency preparedness.

Also, as a public service to the residents and businesses of Fulton County, the Office of Emergency Preparedness of the Fulton County Department of Health and Wellness is available to share the latest information on emergency preparedness. We make presentations to community, civic, business, and faith based organizations. Call (404) 730-1282 for more information.

For information on public health issues
visit -www.bt.cdc.gov
and www.ready.gov

Also:

American Red Cross/Atlanta Chapter
www.redcrossatlanta.org
Metro Atlanta Chapter - 404.876.3302
1955 Monroe Drive, NE ATL 30324

Federal Emergency Management Agency for
Kids www.fema.gov/kids

National Weather Service (NWS)
www.nws.noaa.com

Prepare NOW!

Protect and safeguard your family, your
neighborhood
and our community.



**Fulton County Department of
Health & Wellness**
Office of Emergency Preparedness
99 Jesse Hill Jr. Drive
Atlanta, GA 30303
404.730.1282 · 404.730.1283 fax
www.fultoncountygahealth.org

Be Prepared



**Fulton County
Department of Health & Wellness
Office of Emergency Preparedness**

Prepare for an Emergency In 4 Basic Steps

Get the Facts

The more you know the more you can prepare. Most natural disasters may require the same preparation, however, bioterrorist threats may require different methods of action.

Call 1.800.BE READY (1-800-237-3239) for a free brochure and visit www.ready.gov to learn more about how you can get prepared.

Make a Plan

Your family may not be together when disaster strikes. How will you contact one another? Select an out-of-state friend or relative who will more likely be in an unaffected location and in a better position to communicate between separated loved ones. Talk to your neighbors about developing a neighborhood communications plan.

There may be times when you will be instructed to stay in your home. You must then "shelter-in-place". Choose one interior room with the least number of windows and doors. Pre-cut and label plastic sheeting to seal around all openings. To help keep out harmful fumes, use duct tape to secure sheets in place.

Start Preparing Now

Be prepared by using what you have or purchasing items to live on for at least three (3) days. You may want comfort, but think first about food, fresh water, clean air, and ways to get information.

Basics you should stock for your home:

- ◆ Bottled Water (1gallon per person per day)
- ◆ Canned Foods and a Manual Can Opener
- ◆ Flash Light
- ◆ Battery Operated Radio
- ◆ Extra Batteries and Tools
- ◆ First Aid Supplies
- ◆ Baby Wipes (to keep clean)
- ◆ Bedding and a Change of Clothing
- ◆ Prescription Medications
- ◆ Contact Lens Supplies

All supplies should be kept in unbreakable, waterproof packaging. Keep these items in an easy to carry container in the event you have to evacuate.

Remain Calm

The main goal of terrorists is to disrupt lives and cause terror and anxiety in our communities. The best response to terrorism is to continue our normal lives of work, school, play, shopping, worship and socializing.

If disaster strikes, remain calm and be patient. Listen to your radio or television for news and instructions. Follow the advice of local emergency officials.

Helpful Tips:

- ◆ If a disaster occurs near you, check for injuries. Give first aid and call 911 to get help for seriously injured people.
- ◆ If the disaster occurs near your home check for damage using a flashlight. DO NOT light matches or candles or turn on electrical switches.
- ◆ Check for fires, fire hazards and other household hazards.
- ◆ Sniff for gas leaks, starting at the water heater. If you smell gas or suspect a leak, turn off the main gas valve, quickly open as many windows as possible, and get everyone outside without delay.
- ◆ Turn off all damaged utilities.
- ◆ Secure your pets.
- ◆ Call to alert your out-of-state friend or relative
- ◆ Limit telephone use unless faced with a life-threatening emergency.
- ◆ Check on your neighbors, especially those who are elderly or have special care needs.