



Fulton County Clubhouse for Youth

Newsletter
October 2016 Edition



PROVIDING TOOLS TO KEEP YOUTH SAFE AND DRUG FREE

OFFSITE ACTIVITIES

October Happenings at the Clubhouse

Staff:

Shaka Barrett, Jael Burks,
Kyendal Eaton, Stephanie Lewis

New Staff

The Clubhouse formally welcomed two new staff members on October 5, 2016- Jael Burks, LPC, CADC-II (Behavioral Health Clinician I/ SA Counselor) and Jael Burks, MSW (Behavioral Health Technician/ Case Manager). We also said a fond farewell to Mrs. Wajeehah Jefferson (Behavioral Health Technician/ Family Advocate).

SMART Recovery Teen Curriculum

SMART Recovery is a program designed to help teens recover from all types of addictive behaviors including substance abuse. The program is designed to support teens who are considering abstinence from any type of addictive behavior.

Smoking Cessation Recovery Support Group

On Wednesday's during the month of October 2016 Clubhouse Youth participated in Smoking Cessation Groups facilitated by Yolanda Moon. Groups are

designed to help youth identify triggers and provide helpful strategies for identifying and coping with their cravings to smoke.

Making Proud Choices

Clubhouse youth were engaged in Making Proud Choices Groups facilitated by Fulton County Public Health Educator Kyscha Parker. She provided education on making informed choices regarding sexual health, the skills necessary to prevent teen pregnancy, sexually transmitted infections and/or diseases.

Resource of the Month

Fulton County E-Campus

Fulton County eCampus is Atlanta-Fulton Public Library System's online learning suite of FREE resources through eight unique databases strategically designed to support: test preparation and educational resources for all ages; continuing education and GED resources, and career and employment resources. For more information you can contact Project Coordinator Juree Hall at (404) 730-1759.

Clubhouse Outings/Family Night Events

October 2016 Events

The Fulton County Clubhouse participated in a variety of off-site activities and events during the month of October 2016 including outings to the Georgia Aquarium, Atlantic Station Movie Theater and Walk It Out/Talk It Out at Adams Park. Youth also participated in the C.H.O.I.C.E.S. Cooking Classes at Oak Hill. The Fulton County Clubhouse made it a family event when family members joined Clubhouse youth in the kitchen after a parent meeting on October 25th.



FULTON COUNTY CLUBHOUSE FOR YOUTH

~ November 2016 Clubhouse Activities ~						
◀ Oct						Dec ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31 Off Site Activity Clubhouse Outing Georgia Aquarium Outing (Atlanta, GA)	01 CHOICES Cooking Class (Oak Hill Teaching Kitchen) 6:00pm-8:00pm Let's Move Group Activity at Oak Hill Gym	02 Recovery Support Smoking Cessation Group (Fulton Clubhouse) Walk It Out at Adams Park	03 Skill Training Activity Employment/Job Skills Group (Oak Hill)	04 Clubhouse Outing Chess Club (Juvenile Court)	05 Off-Site Activity World of Coke (Atlanta, GA)
06	07 Skill Training Activity Employment/Job Skills Group (Oak Hill)	08 CHOICES Cooking Class (Oak Hill Teaching Kitchen) 6:00pm-8:00pm Let's Move Group Activity at Oak Hill Gym	09 Recovery Support Smoking Cessation Group (Fulton Clubhouse)	10 Skill Training Activity Employment/Job Skills Group (Oak Hill)	11 Veterans Day Clubhouse Closed	12 Veterans Day Clubhouse Closed
13	14 Skill Training Activity Employment/Job Skills Group (Oak Hill)	15 CHOICES Cooking Class (Oak Hill Teaching Kitchen) 6:00pm-8:00pm Let's Move Group Activity at Oak Hill Gym	16 Recovery Support Smoking Cessation Group (Fulton Clubhouse) Walk It Out at Adams Park	17 Skill Training Activity Employment/Job Skills Group (Oak Hill)	18 Clubhouse Outing Chess Club (Juvenile Court)	19 Off Site Activity Dave & Buster's (Duluth, GA) <i>Tentative</i>
20	21 Skill Training Activity Employment/Job Skills Group (Oak Hill)	22 Healthy Living Activity Oak Hill Gym Day (Oak Hill Gym) Recovery Support SMART Recovery Activity	23 Recovery Support Smoking Cessation Group (Fulton Clubhouse)	24 Thanksgiving Day Clubhouse Closed	25 Thanksgiving Holiday Clubhouse Closed	26 Thanksgiving Holiday Clubhouse Closed
27	28 Skill Training Activity Employment/Job Skills Group (Oak Hill)	29 Healthy Living Activity Oak Hill Gym Day (Oak Hill Gym) Recovery Support SMART Recovery Activity	30 Recovery Support Smoking Cessation Group (Fulton Clubhouse) Walk It Out at Adams Park	01 Skill Training Activity Employment/Job Skills Group (Oak Hill)	02 Clubhouse Outing Chess Club (Juvenile Court)	03 Off Site Activity College Football HOF (Atlanta, GA)

Fulton County Clubhouse for Youth

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<http://fultoncountyga.gov/clubhouse-ohk>

