



# Active Living

## Obesity by the Numbers

66%

Obese adults in  
Fulton County

31%

Obese adults in  
Georgia

33%

Obese 2-17 yr olds  
in Fulton County

17%

Obese 10-17 yr  
olds in Georgia

Sources: Trust for America's Health and the Robert Wood Johnson Foundation's The State of Obesity 2015 Report; August 2013 CDC Obesity Report; Statistics provided to the CDC based on Nielsen Scarborough data; and Estimates for Fulton County child obesity rates published in Preventing Chronic Disease, Vol. 12, March 12, 2015.

Obesity contributes to chronic diseases and early deaths from high blood pressure, high cholesterol, diabetes and heart disease. The condition also carries negative academic and psycho-social implications for children and adolescents.

The PICH Program\* is working with its Active Living Program partners to increase the number of Fulton County residents with access to physical activity opportunities, especially students in K-12 schools; members of faith-based organizations; and children and adolescents supervised by early care and education providers by:

- improving the amount and quality of physical education and physical activity in K-12 schools
- increasing the number of jurisdictions adopting Complete Streets planning policies
- increasing the number of early care and education providers with formal wellness policies governing physical activity and screen-time limits
- increasing the number of faith-based organizations with active living policies that involve nature-based, outdoor activities

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[www.fultoncountyga.gov/partnership-to-improve-community-health](http://www.fultoncountyga.gov/partnership-to-improve-community-health)

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