



# COMMISSION ON ELDER AFFAIRS

## GENERAL MEETING MINUTES

**Date:** January 13, 2023

**Time:** 12:30 p.m. – 2:00 p.m.

**Live via Zoom** <https://zoom.us/j/92154181214>

**Facilitator:** Marsetta Ray, Chair

### Board Members

Marsetta Ray, Chair, South Fulton Senior Services (present) | Beth Cayce, District 2, Vice Chair (**absent**) | Mary Blake, At-Large (present) | Ruth Lyles-Bailey, Parliamentarian, Council on Aging, West (present) | Stephanie Fiber-Sutton, District 1 (present) | Rosalind Elliott, District 3 (**absent**) | Linda Adams, District 4 (present) | Barbara Brown, Council on Aging South (**absent**) | District 5 (**vacant**) | Jill Lindsey, District 6 (**absent**) | Council on Aging East (**vacant**) | Ann Germany, Senior Services North Fulton (present) | La Tanya D. Walker, Senior Services Representative (non-voting) (present)

### Visitors and Staff

One (1) visitors present | Five (5) senior services staff

### Motivational Thought:

**Motivational Thought: Resolutions for Life**— Consider setting multi-year resolutions for life that reflect your personal aspirations. Ten examples will be distributed.

The meeting was called to order at 12:31 p.m., with Chairperson Ray, Chair Pro-Tem Blake, Parliamentarian, Lyles-Bailey, Linda Adams, Stephanie Fiber-Sutton, and Ann Germany present to constitute a quorum. A change was made to allow Senior Services report to be added to COEA webpage. A motion to was called by Chairperson Ray to approve the agenda. Ann Germany made the motion and Mary Blake seconded the motion with all present approving. The vote to approve the agenda was taken.

### Approval of Minutes

A motion to was called by Chairperson Ray to approve the November meeting minutes. Beth Cayce made the motion and Rosalind Elliott seconded the motion with all present approving.

## Monthly Information Feature - Managing Your Emotional Health/Mindfulness

We often get caught in the up and down cycles between fight/flight and rest. We can cultivate mindfulness (and emotional stability) through 1) Savoring and Slowing, 2) Silencing, 3) Stabilizing

## Officers and Standing Committee Reports

### Chairperson Ray

- Stressed the need for members to step up and serve.
- Reported on senior events attended during November: 1) East Point Senior Safety 2) Elder Abuse Conference & Long-term Care Webinar

### Committee Reports

- **Senior Services – L. Adams:** Improved situation at Horizon. Also visited Auburn Ave, and Dogwood. Raised concern about clients only able to use Transdev or Ube/Lyft to attend Center. One Transdev accident but client did not file a report.
- **Safety & Security – R. Lyles-Bailey:** Remain aware of surroundings. Coffee with a Cop Community events to help get to know safety officers in your area. Zone 1 Meeting is approaching.
- **Technology - L. Walker:** The website has been updated. Will continue to check for errors and provide updates as they become available
- **Programming – M. Ray:** Looking for input from members for topics. A list of proposed areas will be proposed. (Will be distributed via email for consideration.)
- **Civic Life – M. Ray** reminded of the local elections this year. Fulton Elections Dept. has offered to present. Also recognize the impact of climate and extreme weather on seniors.
- **Health & Wellness:** No Report
- **Communications:** No Report

## Department of Senior Services Report – Director Onyiliogwu

- Dept of Senior Services will conduct more detailed investigation of the Transdev unreported accident.
- Recent election netted two new commissioners. May affect representation on COEA Board.

- Legal Services and Board of Commissioner are working to resolve the question of Council on Aging dissolution and appointment of Atlanta Housing Authority and Fulton Atlanta Community Action Authority (FACAA) for representation on the COEA Board by 1/18/2023.
- Free tax preparations available to seniors. Will be added to webpage.
- Helene Mills and Hapeville are temporarily closed for repairs.

## Unfinished Business

- Vacancies on the Board – Senior Services Director informed that a resolution will be proposed for Atlanta Housing Authority and FACAA to provide representation on the COEA Board. Council on Aging is no longer in operations. Sponsorship by Commissioner Pitts during the next Board of Commissioners meeting.
- District 5 – Open
- District 1 and District 3 – Senior Services informed respective Commissioners of current COEA members serving in their district. Awaiting feedback. Senior Services will share two new entities; the same as those sent to Commissioners requesting, they can appoint two new members from their agencies.

## New Business

- Nominating Committee - Ann Germany reported that Parliamentarian is willing to serve another term. Other offices unresolved. Tabled for next meeting.
- Advocacy – Will be pursued through GCOA. COEA membership dues will be paid by Senior Services.

## Public Comments

- Ben Howard indicated concern about Atlanta Housing joining COEA.
  - Ladisa Onyiliogwu provide additional clarity on Atlanta Housing and their role with COEA. Also advised Fulton County Housing was considered. No response provided.

## Announcements

- COEA member, Rosalind Elliott lost her mother in January. Please keep her in your thoughts
- Senior Week at Georgia Capital, February 15<sup>th</sup>
- All are asked to consider joining Georgia Council on Aging. Membership is \$10

## **Motions Approved**

Motion approved to take elections until next meeting

## **Next Meeting**

February 10, 2023 | 12:30 p.m. virtually via Zoom