

Below is the list of “live webinars” for May 2020. There are also fillable PowerPoint note pages for many of the webinars taking place from 5/1/20- 5/15/20. Instructions for accessing the webinars are shown at the bottom of the page.

**NOW AVAILABLE
FOR ALL FULTON COUNTY EMPLOYEES
“FREE WEBINARS”
MAY 2020**

Date	Time	Webinar Topic	Link
5-1-20	11am – 12pm	<u>Identity Theft Prevention and Resolution</u> Identity theft can turn your world upside down. From having to cancel credit cards, close bank accounts and stop automatic payments to calling all the companies you do business with, it requires a lot of time and effort to resolve. In this seminar, you’ll learn how to avoid becoming a victim and What to do if you’ve already been targeted.	https://bli-meetings.webex.com/bli-meetings/onstage/g.php?MTID=e04ec41cbf66477114662ea81d019c4da Fillable note page attached.
5-6-20	11am – 12pm	<u>Lightening Your Life With Laughter</u> Look at life in a way that takes some of the stress out of it. This informative and enjoyable workshop shares proven techniques for how to use laughter to lower stress. Explore the history, practices and beliefs of this therapy and how to become more positive. Rediscover the wonderful energizer called “laughter” and its many therapeutic benefits.	https://bli-meetings.webex.com/bli-meetings/onstage/g.php?MTID=e853a445c85026f901ff58425e9d18f85 Fillable note page attached.
5-8-20	11am – 12pm	<u>Successfully Working From Home</u> This seminar is designed especially for those considering or currently working from home. We’ll	https://bli-meetings.webex.com/bli-meetings/onstage/g.php?MTID=ecad446b5e6da4cae0246e876110bba69

		discuss what teleworking is and identify how your work and home life may change. We'll also review the importance of self-care and give you tips for finding work-life balance while teleworking.	Fillable note page attached.
5-11-20	11am – 12pm	<u>Eating Right For Life</u> Doughnuts for breakfast, candy bar for lunch? Eating on the run? Does this sound familiar? Participants in this seminar learn the benefits of nutrition, including the importance of making informed food choices to develop and maintain sound eating habits.	https://bli-meetings.webex.com/bli-meetings/onstage/g.php?MTID=e66db2920ffb4ff1d01fb03f12c5fa016 Fillable note page attached.
5-13-20	11am – 12pm	<u>Managing a Virtual Team</u> More and more companies are tasking leadership to virtually manage all or some of their employees. Although this type of arrangement has many advantages for the company and its employees, it's not without its challenges. In this seminar, participants will identify the characteristics of a successful virtual manager, learn how to assess employee readiness for this type of arrangement and discuss ways to foster employee success.	https://bli-meetings.webex.com/bli-meetings/onstage/g.php?MTID=e4d2f56d387060c44e22f4f7f38a3a026 Fillable note page attached.
5-15-20	11am – 12pm	<u>Financial Fitness</u> Gain the knowledge and tools to move forward to relieve financial stressors created by ignorance and confusion. Leave with personal financial priorities to make smart decisions for a lifetime.	https://bli-meetings.webex.com/bli-meetings/onstage/g.php?MTID=eacd6bbda446c4ff2b04ac1c467e52538 Fillable note page attached.
5-20-20	11am – 12pm	<u>Fostering Inclusion in the Workplace/Managers and Supervisors</u> Inclusive work environments are productive environments! This seminar discusses how	https://bli-meetings.webex.com/bli-meetings/onstage/g.php?MTID=ec389d5cb451605fc9fd212ad045694c4

		managers can create an inclusive workplace. Participants will identify activities, attitudes and assumptions that can lead to exclusion, as well as explore how to actively engage employees in ways that not only enrich the workplace, but personal lives as well.	
5-22-20	11am – 12pm	<u>Staying Connected in Today's Digital World</u> With modern technology, it's never been easier to stay connected to friends and family. Yet there's a global crisis of isolation and loneliness. This workshop will explore how social interactions have changed over time and whether this change has altered our need for connection. You'll also learn strategies for maintaining personal relationships in an electronic age.	https://bli-meetings.webex.com/bli-meetings/onstage/g.php?MTID=e3b7ce91d8c110fc0a24f4b1f63f1d920
5-27-20	11am – 12pm	<u>Embracing Happiness</u> We have so much stuff these days, but are we really more satisfied or content? This seminar will help you answer those questions while exploring what happiness means to you.	https://bli-meetings.webex.com/bli-meetings/onstage/g.php?MTID=e1572ad93e56bc13a0c0f9a9d224eb7b5
5-29-20	11am – 12pm	<u>The New Resume</u> If you haven't looked for a job in the last five years, you may not know that the whole job search process is completely different. The role of the résumé is different, too. Learn how to create the "new résumé," a suite of documents in print and online that establishes you and your "brand."	https://bli-meetings.webex.com/bli-meetings/onstage/g.php?MTID=ec7e5495458179d335b6cf5f98729aeac

To access the webinars:

1. You will not be able to log into these webinars, until **15 minutes before** the training begins.
2. On the day of the webinar, click on the link to register.

3. You will be taken to a screen (shown below) where you will need to enter you First Name, Last Name, and Fulton County Email Address. The password has already been provided so **do not** change it.
4. Click Join Now and after a few screens you will be directed to the live webinar.
5. Once you enter the webinar, you will see a PowerPoint slide displaying the title of the session. The audio will be muted. Type all messages in the chat box on the lower right-hand side of the screen.

Event status: ● Started

Date and time: Monday, April 27, 2020 11:00 am
Eastern Daylight Time (New York, GMT-04:00)
[Change time zone](#)

Duration: 1 hour

Description:

By joining this event, you are accepting the Cisco Webex [Terms of Service](#) and [Privacy Statement](#).

Join Event Now

To join this event, provide the following information.

First name:

Last name:

Email address:

Event password:

[Join Now](#)

[Join by browser](#) **NEW!**

If you are the host, [start your event](#).